



Mobility Disability Considerations



Built environment tips:

- Ensure there is accessible parking
- Ensure there is a close accessible entrance and that it's not uniquely difficult to get to
- Keep pathways free of obstacles
- Resist the temptation to use accessible bathrooms for other purposes, like storage



A person may use more than one type of mobility aid and/or only use aids as needed, like to relieve back pain or avoid overexertion.



A person may not use any mobility aids, but have trouble walking long distances, moving quickly, opening doors, grasping items, or lifting objects.

Interaction Tips

- If you are interacting with a person who uses a wheelchair, try to **sit so that you are at their eye level or stand at a slight distance** so the person doesn't have to strain their neck to make eye contact with you.
- **Do not touch the person's body** simply because you assume what they can or cannot do. **Always ask** a disabled person what type of help they need.
- **Do not touch the person's assistive devices** (wheelchair, cane, walker, etc.). Treat the devices as if they are a part of the person's body.
- Just as when speaking with anyone, **make eye contact and do not stare** at any atypical body parts.