



# Access and Functional Needs

Using the Federal Emergency Management Agency's comprehensive concept of preparing for the "whole community," Spokane Regional Health District compiled this infographic to help identify key demographics, including data about some of our most vulnerable citizens. This information provides leaders and citizens

with a community profile to plan for all populations. Knowing our community's profile assists its leaders and citizens in creating a more resilient population.

## HOUSING & TRANSPORTATION

191 adult family facilities

21 skilled nursing facilities

846 low-income housing units

Indicator	Population
Household without Vehicles	15,983
Homeless	1,309
Skilled Nursing Facilities	1,724
Adult Family Facilities	1,028
Institutional Facilities	5,666
College Student Housing	5,739
Military Base	3,118
Seniors Living Alone	24,384

65+ Years of Age: 6,418

>18 Years of Age: 16,312

Population Living at 100% Poverty by Age

18-64 Years of Age: 43,008

Food Stamp Recipients: 116,581

## ECONOMIC

Difficulties with...



Ambulatory: 39,359



Cognitive: 29,994



Hearing: 22,917



Self-Care: 13,138



Vision: 14,529

1 in 6 live with a disability

20.7% of adults have a medical condition

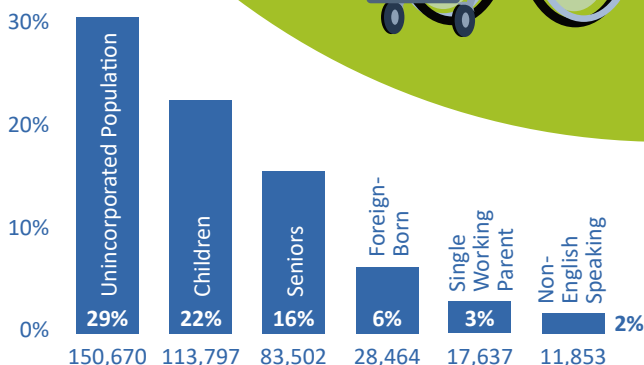
8.0% have a serious mental illness

6,363 adults 25+ years of age have below a ninth grade literacy level

## HEALTH & LITERACY

## DEMOGRAPHICS

Total Population 515,250



# Resource Contact List

## Disabilities

### Employment Assistance

Vocational Rehabilitation .....509.363.4700

### Vision Difficulty

Lilac Services for the Blind.....509.328.9116

Lighthouse for the Blind, Inc.....509.487.0405

### Self-Care Difficulty

SKILLS’KIN.....509.326.6760

### Hearing Loss Difficulty

Nexus.....509.328.9220

### Cognitive Difficulty

Arc of Spokane .....509.328.6326

Frontier Behavioral Health .....509.838.4651

SL Start .....509.328.2740

### Ambulatory Difficulty

Access 4 All.....509.216.2611

## Housing and Transportation

### People without Vehicles

Spokane Transit Authority .....509.328.7433

### Homeless

House of Charity.....509.624.7821

Salvation Army Homeless Family.....509.325.6810

VA Health Care for Homeless .....509.462.2500

SNAP East .....509.456.7627

Catholic Charities.....509.358.4250

### Adult Family Home

WA DSHS .....866.556.5779

## Institutional Facilities

### Correctional Facilities

Spokane County.....509.477.2278

### Nursing Facilities/Skilled Nursing Facilities

WA DOH Nursing Accreditation.....360.236.4700

### In-Patient Hospice Facilities

Hospice of Spokane .....509.456.0438

## Mental (Psychiatric) Hospitals

Eastern State Hospital .....509.565.4000

## Group Homes for Juveniles

Spokane County.....509.477.2462

## Residential Treatment Centers for Juveniles

WA DSHS .....509.363.5048

## College Student Housing

Spokane Community College.....509.533.7000

Spokane Falls Community College.....509.533.3500

Whitworth .....509.777.1000

Eastern Washington University .....509.359.6200

Washington State University .....509.323.2474

Gonzaga University.....509.328.4220

## Military Base

Fairchild .....509.247.1212

## Seniors Living Alone

Aging and Long-term Care .....509.458.2509

Meals on Wheels.....509.456.6597

## Community Centers

West Central.....509.326.9540

East Central .....509.868.0856

Northeast .....509.487.1603

Southwest.....509.624.8634

American Indian .....509.535.0886

Martin Luther King, Jr .....509.455.8722

Southside Senior .....509.535.0803

SNAP Fort Wright.....509.456.7627

## Food Bank

Second Harvest.....509.534.6678

Spokane Valley Partners .....509.927.1153

## Mental Health Services

Frontier Behavioral Health .....509.838.4428

First Call for Help .....509.838.4428

## Religious Organization

Fig Tree .....509.535.4112

## Low Income Housing

### Low Income Housing Resource Guide

Salvation Army .....509.329.2738

City of Spokane.....509.625.6130

## Definitions

Seniors – 65 years of age or older.

Immigrant – foreign born.

Hearing difficulty – deaf or had serious difficulty hearing.

Vision difficulty – blind or serious difficulty seeing even when wearing glasses.

Cognitive difficulty – serious difficulty concentrating, remembering, or making decisions.

Ambulatory difficulty – serious difficulty walking or climbing stairs.

Self-care difficulty – difficulty dressing or bathing.

Medical condition – diabetes; asthma; history of a heart attack, angina, or coronary heart disease.

Serious mental illness – score of >13 on the Kessler-6 psychological distress scale.

Adult family home – licensed to provide housing and care services for up to six adults in a regular house located in a residential neighborhood.

Nursing home – provides 24-hour supervised nursing care, personal care, therapy, nutrition management, organized activities, social services, room, board, and laundry.

Low-income housing – housing units managed by Spokane Housing Authority.

## Data Sources

U.S. Census Bureau, American Community Survey, 2018; disability, poverty by age, single parent, language, immigrant, people without vehicles, seniors living alone, literacy.

U.S. Census Bureau, Census, 2010; college, military, and institutional housing.

Washington State Office of Financial Management, 2017; population by age.

Washington State Department of Social and Health Services, 2017; food stamps, nursing homes, adult family homes.

Spokane Housing Authority, 2020; low-income and disabled housing units.

U.S. Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey Data. Atlanta: U.S. Department of Health and Human Services, 2018; medical condition and mental illness.

Spokane Regional Continuums of Care, Point-in-Time Count, 2014.