

# Transforming Healthcare Agenda 2025-2026

## Meeting 1 (August 27, 2025): Build Disability Cultural Humility Through Training

**Goal:** Explore what cultural humility means in healthcare and how it can help both patients and providers feel more respected.

### Agenda:

#### 1. Welcome & Overview (5 min)

- Quick refresher on the Transforming Healthcare Project
- Discuss Transforming Healthcare Portal
- Introduce the focus for today: How training and everyday habits can help providers show empathy and safety—even during short visits
- Reminder: Cultural humility means that we need to ensure medical students are aware of the needs and preferences of people with disabilities, such as being open to communicating with patients in a way the patient prefers.

#### 2. Warm-Up/Icebreaker Discussion (10 min)

- Prompt: Name two things that help you feel welcomed, heard, and respected when talking about sensitive topics

#### 3. Main Discussion (20 min)

- What behaviors show respect in a healthcare visit?

#### 4. Reflection or Chat Response (10 min)

- Prompt 1: What gets in the way of providers and patients understanding each other—especially when visits are short?

Prompt 2: What's one small thing a provider (or patient) can do to show more empathy or presence in the moment? (Invite 1–2 shares.)

#### 5. Summary, Next Steps & Homework (5 min)