

Advisory Board Agenda  
**Sexual Violence with Awareness**

**Theme:** Addressing Sexual Violence with Awareness and Skill in Healthcare for People with IDD

- **Goal:** To gather survivor- and healthcare provider guidance that will shape curriculum guidelines for medical student training about sexual violence

### 1. Welcome & Overview (3 minutes)

#### **Purpose of today's discussion:**

Today we are focusing on how healthcare providers should be trained to recognize and respond to sexual violence affecting people with IDD, and how healthcare practices can support healing and reduce harm and increase trust.

### 2. Main Discussion: High-Impact Moments in Healthcare (35 minutes)

**Goal: To identify key items healthcare providers need for recognizing sexual violence, responding when someone discloses abuse, and making physical exams feel safer for people with IDD.**

#### A. Identifying Risk and Opening the Door to Disclosure -

##### **Prompt –**

- [Patient with IDD question] What makes it easier or harder for people with IDD to talk about sexual violence with doctors or nurses?
- [Patient with IDD question] When it comes to talking about sensitive topics, what did staff do that helped -- or made things harder?
- [Provider question] What techniques have you used to build trust with patients with IDD?
- [Provider question] What are some ways providers ask questions or use forms that create barriers?

#### B. Responses after Disclosure

##### **For all Advisory Board members**

**Prompt -** If someone shares that they have been hurt or abused, what is the best way for someone to respond?

#### C. Physical Exams and Procedures

##### **For all Advisory Board members**

**Prompt -** What can be said or done to help people with IDD feel safer before and during exams or procedures that involve touch or privacy?

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### 3. Reflection: Turning Experience into Training (20 minutes)

**The Goal in this section:** Shift from individual experiences to **system and training recommendations**.

#### **Reflection Question:**

- When talking about sexual violence, what should medical students be taught about people with IDD?

- For example, communication tips, accessibility and misuse of power.

#### 4. Wrap-Up and Next Steps (2 minutes)

- Brief summary of key themes.
- Preview of next advisory topic.
- Final reminder about support and self-care after the meeting.